

Department of Psychology
In collaboration with
Department of Economics
Organises
A workshop on Time Management

Venue: RUSA Seminar Hall, Bhuda Campus

Date- 29th January 2024

The Department of Psychology & Department of Economics of the College in Dhanbad organised a workshop on " Time management " on Monday, 29 January at the RUSA Seminar Hall of the college.

The event started with a welcome address by the Head, Department of Psychology.

Principal, Dr. Sanjay Prasad, addressed all the students and congratulated the department for successfully organizing the workshop.

During the workshop led by Professor Anuradha Kumari and Professor Sadhna Singh, they imparted knowledge about "Time management is a Life management" Prof. Anuradha emphasized crucial ideas, effectively building relationships and strategies. This initial segment served as a foundation for the rest of the workshop.

One of the key highlights of the workshop was its student-centric approach, it was an interactive workshop for personal and professional growth.

Overall, the workshop was well-structured and engaging.





GURU NANAK COLLEGE ,DHANBAD

A WORKSHOP ON "TIME MANAGEMENT"

Organized by :

DEPARTMENT OF PSYCHOLOGY

In collaboration with

DEPARTMENT OF ECONOMICS



**"Time Management
is
Life Management"**

DATE : 29/01/24
TIME : 11 AM
VENUE : RUSA Seminar Hall, Bhuda Campus



